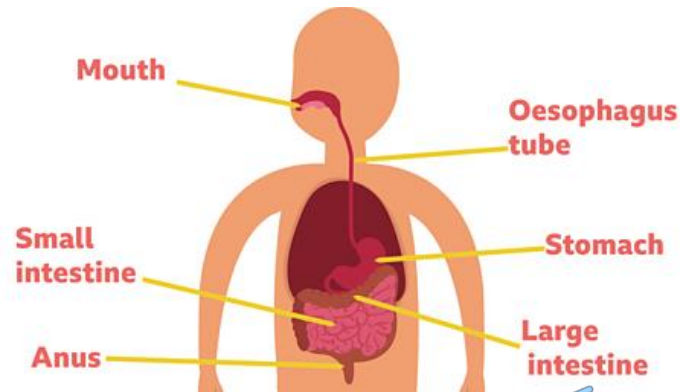


### Prior Knowledge

In Year 3, you learnt that:

- Animals, including humans, need the right amount of nutrition.
- They cannot make their own food, so they get nutrition from what they eat.
- Humans have a skeletal and muscular system.

## Animals Including Humans



Week 3: What types of teeth do we have? What jobs do they do?

**Incisors** - At the front of the mouth and used for biting.

**Canines** - Sharpest teeth. Next to incisors and used for tearing.

**Premolars** - Flat, wide and used for chewing towards the back of the mouth.

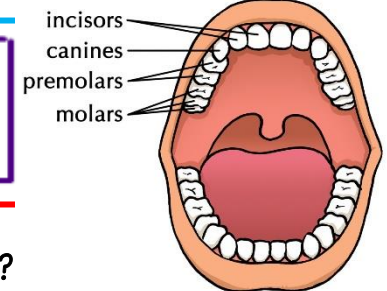
**Molars** - At the back of the mouth. Used for chewing and grinding food. Wide and flat in shape, including wisdom teeth at the back which appear in adulthood.

Week 1: What is the digestive system?

The digestive system's job is to break down food so it can be taken in and used by different parts of the body.

### Vocabulary

anus, digestion, digestive system, large intestine, mouth, nutrients, oesophagus, rectum, saliva, small intestine, stomach, canine, incisor, molar, premolars, teeth



Week 2: How does the digestive system work?

The digestive system is made up of different organs in the body including the mouth, stomach and intestines. Each organ does a different job such as breaking down the food and filtering out the nutrients the body

Week 4: How can we keep our teeth healthy?

Tooth decay is the destruction of your tooth enamel. It can be a problem for children, teens and adults.

**Plaque**, a sticky film of **bacteria**, constantly forms on your teeth.

When you eat or drink foods containing sugars, the bacteria in plaque produce **acids** that attack tooth enamel.

Tooth ache and bad breath are symptoms of tooth decay.

We should brush our teeth regularly, visit the dentist and avoid sugary foods.