



## Nurture MTP Autumn Term 2 2025

	Week 1 03.11.25	Week 2 10.11.25	Week 3 17.11.25	Week 4 24.11.25	Week 5 01.12.25	Week 6 06.11.25	Week 7 15.12.25
Emotions and wellbeing	<p><b>WALT: identify emotions connected to change</b> Discussion about the different emotions we feel <b>(Tues Pm)</b></p> <p><b>WALT: Recognise positive qualities of others</b> <b>To join the Champions Assembly</b> – giving the children the opportunity to join in with the whole school online assembly in a</p>	<p><b>WALT: identify emotions connected to change</b> Group talk about how the first week back at school has gone. Looking at the positives and worries <b>(Mon am)</b></p> <p><b>WALT: Recognise positive qualities of others</b> Champions Assembly – giving the children the opportunity to join in with the whole school online assembly in a smaller, calm setting <b>(Mon pm)</b></p>	<p><b>WALT: explore emotions and regulation strategies</b> Explore the emotion of anxiety (using Inside Out) Identify causes and effects it has on us. Mind map coping strategies <b>(Tues pm)</b></p> <p><b>WALT: Recognise positive qualities of others</b> Champions Assembly – giving the children the opportunity to join in with the whole school online assembly in a smaller, calm setting <b>(Mon pm)</b></p>	<p><b>WALT: explore emotions and regulation strategies</b> Children choose an emotion and design a character who could be part of the film 'Inside Out' <b>(Tues pm)</b></p> <p><b>WALT: Recognise positive qualities of others</b> Champions Assembly – giving the children the opportunity to join in with the whole school online assembly in a smaller, calm setting <b>(Mon pm)</b></p>	<p><b>WALT: explore emotions and regulation strategies</b> Annotate emotion character design with triggers and impacts for that emotion <b>(Tues pm)</b></p> <p><b>WALT: Recognise positive qualities of others</b> Champions Assembly – giving the children the opportunity to join in with the whole school online assembly in a smaller, calm setting <b>(Mon pm)</b></p>	<p><b>WALT: explore emotions and regulation strategies</b> Children make their emotion character out of clay <b>(Tues pm)</b></p> <p><b>WALT: Recognise positive qualities of others</b> Champions Assembly – giving the children the opportunity to join in with the whole school online assembly in a smaller, calm setting <b>(Mon pm)</b></p>	<p><b>WALT: explore emotions and regulation strategies</b> Children act out a short scene in pairs with their emotion models to show triggers, impacts and regulation strategies <b>(Tues pm)</b></p> <p><b>WALT: Recognise positive qualities of others</b> Champions Assembly – giving the children the opportunity to join in with the whole school online assembly in a smaller, calm setting</p>



All About Me	<p><b>WALT: share ideas and listen to others</b> Discuss events that happened in the half term holidays. <b>(Tuesday am and Wednesday am)</b></p> <p><b>WALT: reflect on our own learning</b> End of the week reflection activity <b>(Fri am)</b></p>	<p><b>WALT: Identify positives about ourselves</b> Share positive stories from the previous day. <b>(Daily am)</b></p> <p>Create a 'Brilliant Me' Book. Personality traits <b>(Tue am)</b></p> <p><b>WALT: reflect on our own learning</b> End of the week reflection activity <b>(Fri am)</b></p>	<p><b>WALT: Identify positives about ourselves</b> Share positive stories from the previous day. <b>(Daily am)</b></p> <p>Create a 'Brilliant Me' Book. Personality traits <b>(Tue am)</b></p> <p><b>WALT: reflect on our own learning</b> End of the week reflection activity <b>(Fri am)</b></p>	<p><b>WALT: Identify positives about ourselves</b> Share positive stories from the previous day. <b>(Daily am)</b></p> <p>Create a 'Brilliant Me' Book. Proud moments <b>(Tue am)</b></p> <p><b>WALT: reflect on our own learning</b> End of the week reflection activity <b>(Fri am)</b></p>	<p><b>WALT: Identify positives about ourselves</b> Share positive stories from the previous day. <b>(Daily am)</b></p> <p>Create a 'Brilliant Me' Book. Proud moments <b>(Tue am)</b></p> <p><b>WALT: reflect on our own learning</b> End of the week reflection activity <b>(Fri am)</b></p>	<p><b>WALT: Identify positives about ourselves</b> Share positive stories from the previous day. <b>(Daily am)</b></p> <p>Create a 'Brilliant Me' Book. Random facts <b>(Tue am)</b></p> <p><b>WALT: reflect on our own learning</b> End of the week reflection activity <b>(Fri am)</b></p>	<p><b>WALT: Identify positives about ourselves</b> Share positive stories from the previous day. <b>(Daily am)</b></p> <p>Create a 'Brilliant Me' Book. Random facts <b>(Tue am)</b></p> <p><b>WALT: reflect on our own learning</b> End of the week reflection activity <b>(Fri am)</b></p>
Teamwork		<p><b>WALT: work constructively with others towards a common goal</b> Teamwork project Make a simple animation about our feelings based on 'Inside Out' film. <b>(Tue pm)</b></p>	<p><b>WALT: work constructively with others towards a common goal</b> Teamwork project Make a simple animation about our feelings based on 'Inside Out' film. <b>(Tue pm)</b></p>	<p><b>WALT: work constructively with others towards a common goal</b> Teamwork project Make a simple animation about our feelings based on 'Inside Out' film. <b>(Tue pm)</b></p>	<p><b>WALT: work constructively with others towards a common goal</b> Teamwork project Make a simple animation about our feelings based on 'Inside Out' film. <b>(Tue pm)</b></p>	<p><b>WALT: work constructively with others towards a common goal</b> Teamwork project Make a simple animation about our feelings based on 'Inside Out' film. <b>(Tue pm)</b></p>	<p><b>WALT: work constructively with others towards a common goal</b> Teamwork project Make a simple animation about our feelings based on 'Inside Out' film. <b>(Tue pm)</b></p>
Life Skills		<p><b>WALT: increase our independence and use metacognitive skills to complete tasks</b> Children decide on their own ways to complete</p>	<p><b>WALT: increase our independence and use metacognitive skills to complete tasks</b> Children decide on their own ways to complete</p>	<p><b>WALT: increase our independence and use metacognitive skills to complete tasks</b> Children decide on their own ways to</p>	<p><b>WALT: increase our independence and use metacognitive skills to complete tasks</b></p>	<p><b>WALT: increase our independence and use metacognitive skills to complete tasks</b></p>	<p><b>WALT: increase our independence and use metacognitive skills to complete tasks</b></p>

		mini-projects based on different themes <b>(Thurs am)</b>	mini-projects based on different themes <b>(Thurs am)</b>	complete mini-projects based on different themes <b>(Thurs am)</b>	Children decide on their own ways to complete mini-projects based on different themes <b>(Thurs am)</b>	Children decide on their own ways to complete mini-projects based on different themes <b>(Thurs am)</b>	Children decide on their own ways to complete mini-projects based on different themes <b>(Thurs am)</b>
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