



Special Diets

Dear Parent / Guardian,

Special diets are an extremely important part of our catering provision and the safety of your child is our number one priority. We are constantly checking to ensure our special diet procedure is working, giving you reassurance that your child with medically diagnosed allergies or intolerances can eat safely with us.

To request a Medical diet, please fill in the attached form.

To help us ensure the safety of your child, we ask that you provide full details of any food allergies or intolerances. Sharing this information enables clear communication between all parties involved in your child's care and helps us understand tolerance levels and any potential reactions to be aware of. We will also request information from school that they hold to ensure that this agrees.

A special menu will be written to run alongside the school menu if we are able to cater for the needs of the child. Where this is a complicated diet this will be sent to you the parent/guardian to confirm that it is correct before we can cater for your child.

We would need this information provided 3 weeks before a menu change (which is usually at the start of September term and after the February half term).

A parent will be responsible for keeping the special diet information up to date with the school and no changes will be made to our provision without an updated form being received from yourself/school to pass on to catering.

We may use your contact details to contact you on by email or phone to confirm details or ask you to check and agree the menu.

Special Diet Procedure Request Form

1. Child's Details:

Forename: _____ Surname: _____

Date of Birth: _____ Male / Female: (*pls circle*) School Year : _____

Date of admission: _____ School: _____

2. Parent/Guardian Details:

Parent/ Guardian full name: _____

Contact Phone Number(s): _____

Email address: _____

Allergen / Intolerance to avoid	<i>Tick all appropriate</i>		Allergen / Intolerance to avoid	<i>Tick all appropriate</i>
Tree Nut			All Dairy- Milk/cheese/yoghurt	
Soya Bean			Lupin (<i>found in Flour</i>)	
Sesame			Fish	
Peanut			Eggs (please specify)	
Mustard			Crustaceans (<i>shellfish</i>)	
Molluscs			Cereal: wheat, Barley, Oat Rye	
Sulphite (<i>food preservative</i>)			Celery	

<i>Tick all appropriate</i>	Specifics	Description / Additional Information	Alternative Options (<i>please circle</i>)
	Halal	When Halal is not available please indicate right which alternative is to be provided	Vegetarian (no fish) Pescatarian
	No Beef		
	No Pork		
	Pescatarian	Vegetarian with dairy, eggs and fish options	
	Vegetarian	with dairy, eggs and honey	
	Vegan	No animal-based by products	

Please fill in below If your child has an allergy/ intolerance not listed above, please provide as much detail as possible

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Parent/ Guardian's Signature: _____

Date: _____