

West Bridgford Junior School

Exchange Road, West Bridgford, Nottingham NG2 6DB

Executive Head Teacher – Mr James Willis

Head of School – Mrs Catherine Bancroft

Tel: 0115 9140201 email: admin@wbjs.com



Thursday 3rd September 2026

Dear Parents and Carers,

Food, Allergies and Special Celebrations in School

As we begin a new school year, we would like to remind families about our food and allergy procedures and ask for your continued support in helping us keep all members of our school community safe.

As you may know, we have children in school with severe allergies. For their safety and wellbeing, it is important that certain foods are not brought onto the school premises.

Nuts

We kindly ask that **no products containing nuts are brought into school at any time**. This includes snacks, packed lunches, after school clubs and any food intended for special occasions.

Break-time Snacks

Children eat their break-time snacks outside, where it is more difficult for staff to closely monitor food sharing and allergen exposure. For this reason, we ask that snacks brought for morning break do **not** contain any of the following:

- Sesame
- Chickpeas
- Peas and beans
- Lentils
- Shellfish
- Kiwi

Packed Lunches

At lunchtime, we are able to manage food more carefully and supervise children more closely. Therefore, foods containing sesame, chickpeas, peas, beans, lentils, shellfish or kiwi may be included in packed lunches if you wish.

Birthdays and Celebrations

We know that many families enjoy marking their child's birthday by sending sweets, cakes or other treats to share with the class. However, due to the increasing complexity of managing allergies, dietary requirements and food safety, we kindly ask that parents **do not send in sweets, cakes or other edible treats for birthdays or celebrations**.



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We are always happy for birthdays to be recognised in school, and teachers will continue to help children celebrate their special day in ways that are inclusive of everyone.

We understand that these requests may require some adjustments to usual routines, and we greatly appreciate your support and cooperation. By working together, we can ensure that our school remains a safe and inclusive environment for all children.

If you have any questions, please do not hesitate to contact the school office.

Yours sincerely,

Mrs Bancroft

Head of School



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Silver Award**
Awarded by Arts
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